










RESETS	Soft Reset Use if/when the device locks up; doesn't erase user data.	Master Reset Clears all user data and resets the watch to factory defaults.	Screen Calibration Use when screen is not responding to presses.
Forerunner 10	Press and hold the <b>Light</b> button to turn the watch off, power back on with the <b>Light</b> button.	With the device off, press and hold the <b>Run</b> icon, <b>Down</b> arrow, and <b>Light</b> buttons. At the first beep let go of the <b>Run</b> icon button, after second beep let go of <b>all</b> buttons.	N/A
Forerunner 110/210	Press and hold the <b>Light</b> button to turn the watch off, power back on with the <b>Light</b> button.	<b>Must be running at least 2.2 software.</b> Turn the watch off using the <b>Light</b> button. Press and hold the <b>Start/Stop</b> and <b>Lap/Reset</b> button while powering the device on. At the first beep let go of the <b>Start/Stop</b> button, after the second beep let go of the <b>Lap/Reset</b> button.	N/A
Forerunner 205/305	Connect the device to the computer, press and hold <b>Mode</b> and <b>Reset</b> for 10 seconds, release and wait 3 seconds, wait for battery indication, <b>Power</b> the device on.	With the device off, press and hold <b>Mode</b> and <b>Power</b> until the 'User Data Clear' message appears. Select <b>Yes</b> .	N/A
Forerunner 310XT	Press and hold <b>Mode</b> and <b>Lap/Reset</b> simultaneously until the screen goes blank.	With the device off, press and hold <b>Mode</b> and <b>Power</b> until the 'User Data Clear' message appears. Select <b>Yes</b> .	N/A
Forerunner 405/405CX/410	Press and hold <b>Enter</b> and <b>Quit</b> simultaneously until the screen goes blank.	Press and hold <b>Enter</b> and <b>Quit</b> simultaneously until the screen goes blank, release the <b>Enter</b> button, select <b>Yes</b> when the "Erase User Data" message appears.	N/A
Forerunner 610	Press and hold the <b>Light</b> button to turn the watch off, power back on with the <b>Light</b> button.	Turn the watch off using the <b>Light</b> button. Press and hold the <b>Start/Stop</b> and <b>Lap/Reset</b> button while powering the device on. At the first beep let go of the <b>Start/Stop</b> button, after the second beep let go of the <b>Lap/Reset</b> button.	Press and hold the <b>Start/Stop</b> button while powering on the device. Release <b>Start/Stop</b> after splash screen appears.
Forerunner 910XT	Press and hold the <b>Power</b> button to turn the device off, power back on with the <b>Power</b> button.	Hold <b>Mode</b> and <b>Enter</b> buttons, then hold <b>Power</b> button. Release <b>Power</b> button, then release <b>Mode</b> and <b>Enter</b> buttons.	N/A
Edge 200	Hold  for 10 seconds.	Turn the Edge off. Hold  and  simultaneously. Select <b>Yes</b> to erase all user data.	N/A
Edge 500	Press and hold <b>Power</b> , <b>Menu</b> , and <b>Reset</b> simultaneously.	With the device off, press and hold <b>Power</b> and <b>Reset</b> until the 'User Data Clear' message appears. Select <b>Yes</b> .	N/A
Edge 510	Hold  for 10 seconds.	Hold <b>Top Left-Hand</b> corner of the screen and <b>Power</b> . Once powering up, release <b>Power</b> . 'User Data Clear' message appears, select <b>Yes</b> .	Hold the <b>Lap/Reset</b> and buttons while powering on the device. Continue holding until the screen calibration screen appears.
Edge 605/705	Press and hold <b>Mode</b> and <b>Lap/Reset</b> simultaneously until the screen goes blank.	With the device off, press and hold <b>Mode</b> and <b>Power</b> until the 'User Data Clear' message appears. Select <b>Yes</b> .	N/A
Edge 800	Hold  for 10 seconds.	Hold <b>Top Left-Hand</b> corner of the screen and <b>Power</b> . Once powering up, release <b>Power</b> . 'User Data Clear' message appears, select <b>Yes</b> .	Hold the <b>Lap/Reset</b> button while powering on the device. Continue holding until the screen calibration screen appears.
Edge 810	Hold  for 10 seconds.	Hold <b>Top Left-Hand</b> corner of the screen and <b>Power</b> . Once powering up, release <b>Power</b> . 'User Data Clear' message appears, select <b>Yes</b> .	Hold the <b>Lap/Reset</b> button while powering on the device. Continue holding until the screen calibration screen appears.
Garmin Swim	N/A	Hold  ,  , and  simultaneously, then press <b>Yes</b> .	N/A
FR60/FR70	Press and hold <b>Mode</b> and <b>Enter</b> simultaneously.	Press and hold <b>Mode</b> , <b>Light</b> , and <b>Up</b> simultaneously.	N/A