

POLAR FITNESS SERIES HEARTRATE MONITORS

Features	FT80	FT60	FT40
Polar Star Training Program	▪		
Polar Strength Training	▪	▪	
Polar Own Relax	▪		
Polar Keeps U Fit			
Graphical Target Zone	▪	▪	▪
Polar OwnCode	▪	▪	▪
Polar OwnZone	▪	▪	▪
Calories expended	▪	▪	▪
Fitness test	▪	▪	▪
Target zones	▪	▪	▪
Max HR	▪	▪	▪
Avg HR	▪	▪	▪
Continuous Wireless ECG HR	▪	▪	▪
Running features	opt	opt	
GPS features	opt	opt	
Data Features			
Exercise date	▪	▪	▪
Exercise files	100	100	50
Total exercise time	▪	▪	▪
Time in target	▪	▪	▪
Target zone alarm	▪	▪	▪
Exercise diary	▪	▪	▪
Data transfer features	Flowlink	Flowlink (opt)	Flowlink (opt)
Basic Features			
Exercise reminder	▪	▪	
HeartTouch	▪	▪	▪
Water-resistance	50m	30m	30m
Backlight	▪	▪	▪
Stopwatch	▪	▪	▪
Low battery indicator	▪	▪	▪

For more complete information on features and definition of terms please visit polarusa.com

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Features	FT7	FT4	FS2C	FA20
Graphical Target Zone	▪	▪		
Polar OwnCode	▪	▪		
Polar OwnZone	▪	▪		
Calories expended	▪	▪		▪
Target zones	▪	▪	▪	
Max HR	▪	▪		
Avg HR	▪	▪	▪	
Continuous wireless ECG HR	▪	▪	▪	
Data Features				
Exercise date	▪			▪
Exercise files	99	10	1	100
Total exercise time	▪	▪	▪	
Time in target	▪	▪	▪	
Target zone alarm	▪	▪		
Energy Pointer	▪			
Flowlink data transfer	opt			
Basic Features				
Exercise reminder				▪
HeartTouch	▪	▪	▪	
Water-resistance	50m	50m	50m	30m
Backlight	▪	▪		▪
Stopwatch	▪	▪	▪	▪
Low battery indicator	▪	▪		▪

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