# Analyser

Using the Analyser software you can look at recorded training data on your screen in the form of graphs and tables. Thus it is possible to analyse all of the routes that you have ridden.
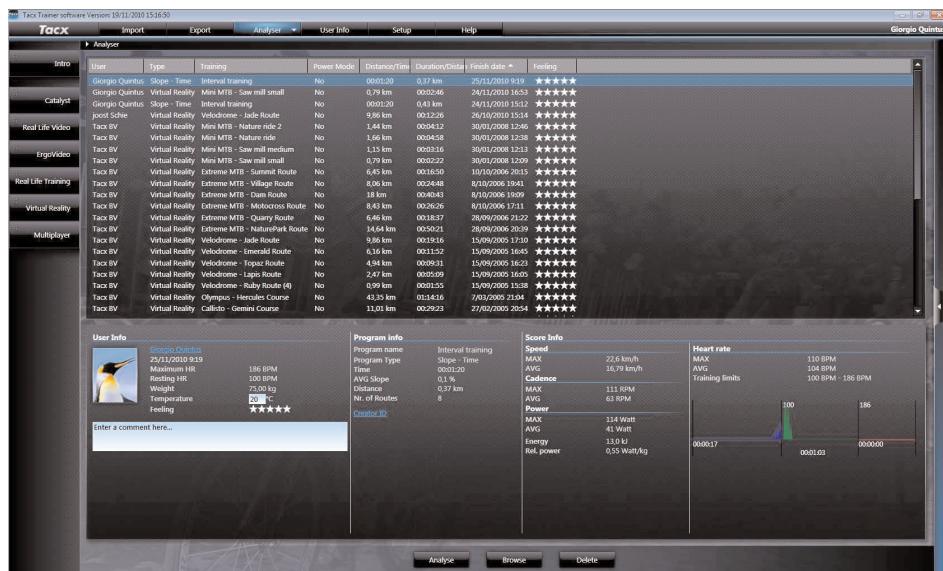
At the top of the screen you will see a list with all of the training rides to choose from. In the task bar you can determine the order in which they are shown. They can be arranged according to time, date, user, training type etc. At the bottom of the screen you will see additional information regarding the selected training, such as average distance, speed, output and heart rate. Under heart rate it will be shown how long you were riding within certain limits. If it is a training ride you have ridden yourself, you can make a note in a box under user info and indicate the temperature at the time of the training.

Search	Opens a Browse screen to look for a score file which is not present in the Tacx trainer software, but you want to look at anyway.
Remove	Removes a selected training
Analyse	Opens a graph or table to look at the selected training

File tab search
Using File tab Search on the right you can easily look for a score in the Tacx trainer software.

Name search
Type a name in the field and press the magnifying glass icon

Using the icons at the top right hand corner you can determine the way everything is shown in the selection list. You may choose from **Today, This week, This month** and **All**

With **Before, After** and **calendar** you can indicate the limits of your search for scores. This function can be activated by ticking the appropriate box. If a score is available in the calendar at a certain day this will be made visible by the colour orange.

With **Select Training type** you can determine the training type (if ticked) of which the scores are visible in the selection field.

All users means that the choice list of everyone who has a score on the PC will be shown in the selection list. If this box is unticked only the current user's scores will be shown.

December 24th 2010

Analyser graph

The graph is a visual view of the training data.

The horizontal axis shows distance or time. You can determine which data you want to see in the graph by ticking the axes speed, output, cadence and heart rate. The upper and lower limits of heart rate are shown as an interrupted horizontal line. The coloured field represents the course. Underneath the graph you will find data regarding the user and additional information.
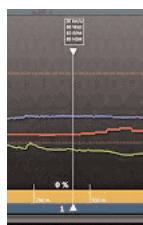
Using the mouse you can insert a vertical marker. When clicking on it you will see information regarding this point.

You can zoom in on the part of the graph you wish to take a closer look at by using the + and - keys. After zooming in a scroll bar will appear at the bottom of the graph. You can go back to the original graph by clicking on the cross next to the scroll bar.
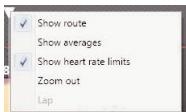
With a right click of your mouse you open a menu. The tick boxes allow you to activate or deactivate the option.

Back	Goes back to choice list to select a different training.
Clipboard	Copies all data to allow processing in different software.
Print	Prints the graph.
Export HRM	Exports data to the Polar software.

Analyser table

The table gives you the most accurate information. It is an outline of the data recorded during the ride.

Right hand top, using the drop down menu you can determine the interval.

Back	Goes back to choice list to select a different training.
Clipboard	Copies all data from the table to allow processing in different software.
Print	Prints the table.
Export HRM	Exports data to the Polar software.