Cycletrainers

1. It feels like my tyre is slipping when I ride

Check the following.

- Make sure the roller sits against the tyre without pressure. Then entirely turn the black knob 3 times.
- Make sure the tyre is always inflated at 7 to 8 bar (do detach the tyre from the roller when you stop riding).
- The tyre is worn out. We recommend you mount a Tacx Trainer tyre.
- 2. I can only use a few of the resistance positions when I ride. It looks like the indication scale is no longer right.

It is possible to solve this problem yourself. To do so turn the shifter's adjustment knob (near the cable)

3. My trainer produces a lot of noise when I ride (it's coming from the braking system)

The metal cylinder in the centre of the softgel roller has possibly come loose. When you ride the tyre is pushed up against the roller and the metal cylinder may then be in contact with the rear part of the plastic, thus producing a creaking sound. If this is the case we recommend you contact a **Service Centre**.

4. Can I use a mountain bike with my trainer

Yes you can. All trainers are supplied with an accessory that will allow you to use your mountain bike. We also supply accessories to use a regular city bike with the trainer.

5. What is video cycling (and difference with Real Life Video)

Video cycling is a video that has been taken by Tacx. At the moment Tacx is having 5 video's. You can use this video in you DVD drive and watch on the Television the specific route. In the video you will see the specific gear positioning.

Video cycling can be used for a Satori, Sirius, Cosmos, Flow (because no connection with the PC)

Real Life Video and Ergo video are linked to the Virtual Reality Trainers (Fortius and i-Magic). These video's interact with the breaking system.