

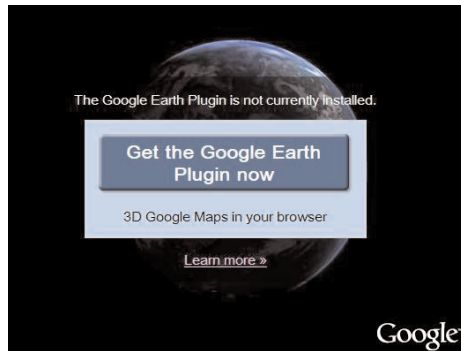
First time use

In order to function correctly the Tacx Trainer software needs the following programs:

Google Earth Plugin

Must be installed separately.

- 1 When you start up a Real Life Video, ErgoVideo or Real Life Training in the Tacx Trainer software, a screen by Google Earth will appear asking you to install the Google Earth plug in.



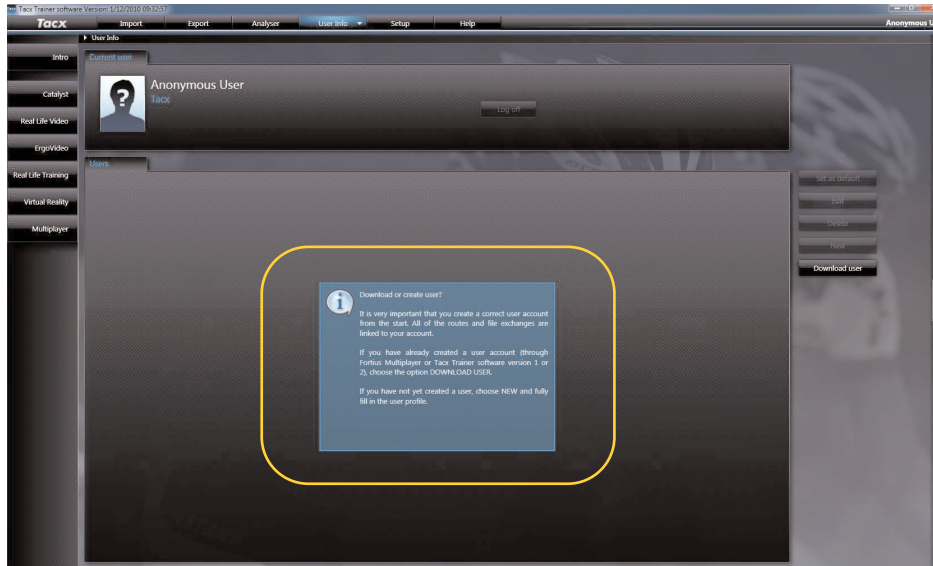
- 2 Click on the "Download the insert application by Google Earth button, select **Execute** twice and follow instructions.
- 3 After downloading the Plug-in a warning will appear at the top of the Google Earth screen asking you if you want to execute the insert application by Google Earth.
- 4 Right click this warning and select **Activex operation element execute** and follow the installation program's instructions.
- 5 Then restart the Tacx Trainer software.

FFDShow video decoder

Needed to play the videos in the Tacx Trainer software correctly. When using a video for the first time a popup will appear in which you must choose **USE FFDSHOW (ALWAYS)**.

Download or generate a user?

It is important to generate a correct user profile from the start. All programs and scores are linked to your profile. If you have already generated a profile in an earlier version of the Tacx software, choose the option **Download User**. If you have not generated a user yet, choose **New** and completely fill in the user profile.



- More info: **The function buttons > User info > new**

The Tacx VR website (www.tacxvr.com)

This is the virtual meeting place where you can make appointments with other riders and participate in races that are being organized all over the world. The Tacx VR website www.tacxvr.com is directly linked to the Tacx Trainer software. You need to use the same password for both user profiles.

- More info: **Multiplayer & BikeNet**

Interesting facts

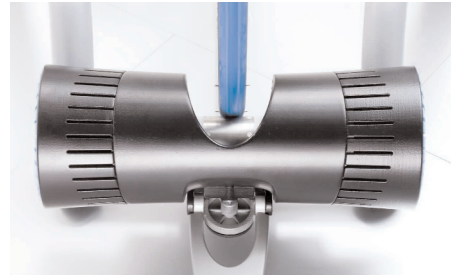
Update PC's graphic card

Always ensure that the latest graphic card drivers are installed. Check the ATI or NVIDIA web site for their latest drivers.

ATI: <http://support.amd.com/us/Pages/AMDSupportHub.aspx>
NVIDIA: <http://www.nvidia.com/content/global/global.php>

Checking tire pressure

We recommend you use the Tacx Trainer tire (T1390 race or T1395 MTB). Make sure the tire is sufficiently inflated (7-8 bar). Also make sure the brake's roll is pressed tightly against the tire. Proceed as follows: adjust the roll so that the tire just touches the roll, then push brake down and turn the black knob 3.5 times and swing brake back up to the tire.



Calibrating the brake

Calibrating the brake is necessary to guarantee precise power measurement.

- More info: [The function buttons > Settings > Calibrating the brake](#)

Working of the brake i-Magic, Vortex, Bushido

Because the trainer's roll will not turn by itself during a descent in the terrain, like it would in real life, the software engineer has introduced "virtual speed formulas". In order to imitate reality as much as possible the rider's speed is artificially increased during descents and decreased uphill. As a result of this application the speed indicated on the screen will in many cases be superior to the actual riding speed. This is indicated by means of red numbers for speed under training data.