

Import

Import TTS training import

Training programs and other VR riders' or BikeNet scores (<u>www.tacxvr.com</u>) can be imported here.

• More info: Multiplayer & BikeNet



Navigate, through the folders above; to the location where you saved the file you want to import. The files which are compatible with the Tacx Trainer software are indicated in the right-hand, top corner. Of the selected file you will see information regarding the program, and who wrote it, on the right, in the middle a schematic reproduction of the course with the altitude profile at the bottom.

Import

Imports the selected file to the right location in the software. A course that was ridden in a Real Life Video for instance, will be found under this button.

Import Real Life Video Fortius > TTS

Films for VR Trainers which are installed in the Tacx Fortius software can be transferred from the hard disc to the Tacx Trainer software thanks to this function.

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• This concerns all Real Life Videos featuring an article number lower than **T1956.30** and Ergo-Videos featuring an article number lower than **T1957.06**. These films do not have gps-information.



The system will automatically look for the folder with installed films. These are listed at the top right hand corner. Select the film you wish to transfer and click **Import.** A pop-up will appear asking you if you wish to copy the file to the TTS location or leave it in the current location.

• If you play the film directly from DVD, place it in the DVD player before you start importing it

If you select **Yes**, it means the video will again be installed at the Tacx Trainer software's location. The file will then be on your hard disk twice. When you select **No**, only a small file will be copied to the Tacx Trainer software. This takes up much less space. If you do not wish to remove the Fortius software, **No** is your best option. The video will disappear from the list of selections after the import action and can be selected on the left side under the Intro field menu of the Real Life Video or ErgoVideo.



Import Catalyst Fortius > TTS

Training programs that were set up in the Tacx Fortius software can also be transferred to the Tacx Trainer software by means of this function. Proceed exactly as described for the Real Life Video Fortius > TTS.

Import Bushido > TTS

With this function you can import your programs from the Bushido handlebar computer to the Tacx Trainer software. This function is active only when the Bushido has a wireless connection to the PC. At the top of the screen you will see the training programs that are stored in the Bushido handlebar computer appear. Of the selected file you will see, to the right of the field, relevant information regarding the program, and a diagram in the centre. By clicking on **Bushido >TTS** the selected file will be transferred to the folder under Catalyst.



Click on **Looking at Scores** when you do not want to import the program itself, but the scores. Scores are analysed in Analyser.



Import GPS import

Using the drop down menu in the top right hand corner you can choose the format of the gps-file you want to import.

Google Earth KML

These Google Earth files do not always feature data concerning altitude; therefore the resistance will not be accurate, which is tangible when you're riding.

Standard GPX

Most commonly used file format. Many programs export data to a gpx file.

Garmin TCX & Garmin CRS

Garmin specific file formats.



Navigate, through the folders at top left, to the location where you saved the gps-file you want to import. The files are indicated in the right-hand, top corner. Of the selected file you will see all the relevant information regarding the program on the right. When you click the button **Import**, the selected file will be imported to the Real Life Training folder.